

FALL 2017

# DOLPHIN LOG

THE BULLETIN OF THE DOLPHIN SWIMMING & BOATING CLUB • SAN FRANCISCO • ESTABLISHED 1877



# Once 'Round the Cove

## Getting High on the Bay

### Dolphin Log

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**Cover:** Among the many spectators of the 100th Golden Gate Swim was this humpback whale. Photo by Susanne Friedrich

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*Its skipper in custody, his boat succumbed to the tides.*

the skipper was taken away in handcuffs and an array of "lollipops" were arranged on the boards.

A day later, the whole crew was back on the boat in time for the Blue Angels, and another sailboat was getting the third degree. Apparently business is good during Fleet Week.

*Anonymous*



*Dolphin pier proved handy to array the lollipops from an in-cove drug bust.*



## Alex Pape

There are two new displays at the club honoring our rowing heritage. In the Sancimino room is a framed display of rowing and swimming medals awarded to Alex Pape. The medals date from 1895 to 1910 and were gifted to us by the great grandchildren of Alex Pape. He joined the club in 1896 and became the Pacific Coast rowing champion. In later years, Alex was the most famous SF Bay pilot of his era, especially for Golden Gate crossings. To learn more about Pape, go to our club's website and click on the About and Historic Photos tabs.

Pape, the Dolphin Club, and all the rowing clubs raced cedar outrigger skiffs on SF Bay from the late 1800's up to WWII. A rare survivor of those times is now displayed in the entrance hall of the club. It was donated to us by the Sausalito Historical Society. This skiff was handcrafted by Al Rogers who also built our flagship pleasure barge, the John Wieland, in 1887.

*Rich Cooper*

## Kim Swims on film

Over 150 Dolphins and South Enders gathered on Thursday evening, October 19, to view the Jefferson St. premier of Kate Webber's already-awarded film, starring the inimitable Kim Chambers.

Aside from the Olympic sprint finals, swimming is undoubtedly the most boring sport to watch. Yet Webber's inspiration – to build on Chambers' Oceans Seven marathon swims as a prelude to her being the first woman to conquer the tempestuous 28-mile, shark-infested swim from the Farallon Islands to the Golden Gate Bridge, a performance loaded with tension and tears--succeeds admirably. And it is strongly buttressed by cinematographer David Orr's mastery of portrait and color, not to mention the mood-setting musical score, and, of course, the swimmer herself.

It concludes most fittingly: Kim, only two days past the Farallon achievement, walks modestly onto the beach for her Monday morning dip, cheerfully greeting other swimmers who likely do not yet know the story.

Another chance to view this film will be at the San Francisco International Ocean Film Festival during the week of March 8-11.

*Joe Illick*



*Rowing champion Alex Pape  
(courtesy of Rich Cooper)*

## News from the Archives

In 2017 we finished cataloging over 300 Club artifacts. Some numbers: 21 volunteers helped on 14 workdays this year. We counted over 155 trophies and plaques, for swimming, rowing, running, and handball, but just one for bowling and one for golf.

Club files are now organized, so we could help Club leadership and members with important research. We found a 1990 file on the Club's tax status, missing GG Swim results for the 50 th anniversary, and details of the first DC/SERC triathlons.

The terrible fires this fall have a Dolphin side story. In December 2014, we got a call from the granddaughter of long time member Paul Silvester - that's his photo in the Sancimino Room holding a lobster. She offered us a look at his scrapbook, a treasure trove of photos and articles. Paul was a Life Member from 1930 to 2006, and an impressive athlete who swam the Golden Gate forty times. I took it over to show the Maritime Museum Library staff. Realizing the scrapbook's value, library staff made a high quality scan of all the pages, a set for the Dolphin Club and one for the library. The family did not want to part with it, which is understandable. But we got the next best thing!

In November 2017, Paul's granddaughter called us to say she had lost her home - and everything, including the scrapbook - in the Tubbs fire in Calistoga. An unimaginable loss, but at least we can send her the scans of Paul's scrapbook.

*Watch for Archive work dates, and come help preserve the history of your Club!*

*Morgan Kulla*

## Party Policy

### **Spirit and Intent of the Policy:**

The Club and its facilities are here to be utilized and enjoyed primarily by the members of the Club. Members are expected to clean up after themselves and their group gatherings, as well as to follow all Club rules.

### **Guest Numbers:**

Up to four (4) nonmember guests are permitted at any gathering. Five (5) or more nonmember guests, regardless of how many members are present, is not allowed.

Immediate family members and their equivalent are exempt from this rule. However, gatherings that include more than 10 individuals are prohibited unless board approval has been obtained in advance.

### **Small Gatherings:**

Small social gatherings of primarily members that are a byproduct of general Club activities and are inclusive of other members are encouraged (i.e. pier to pier potlucks or post swim/row breakfasts). Private social gatherings, whether by members only or including nonmember guests, that impair the enjoyment of other members are not permitted. Also not permitted:

- exclusionary gatherings that monopolize the kitchen or other spaces,
- commercial or business use
- gatherings that conflict with Club sponsored activities
- use of kitchen by guests without the presence of a hosting member

*Andrea Fabian Morgan*

## Thomas Gould III (1938-2017)



**T**om Gould passed away October 12, 2017 from heart disease.

Tom was a swimmer at Galileo High School, but an accident while camping at Lake Berryessa ended his swimming career. Instead, he took up running and completed many marathons.

An "A" student at Galileo, Tom was offered scholarships at UC Berkeley, Stanford and USF. Being the good North Beach boy, he accepted USF, graduated in accounting and later completed his CPA. On the side, he prepared many Club members' tax returns. He has taken any secrets with him.

Tom enjoyed the day life and night life of North Beach, lunching with longtime friends and talking to everyone. If you wanted to know anything about North Beach, you could

ask Tom.

He was a very active member of the Dolphin Club and, together with his wife Christine, attended many Club functions. I met him in the mid-sixties when we both served on the Board. He was the Financial Secretary and I was the Locker Captain. The Club had a problem: not enough money or lockers. He found the books in very bad condition. Some members were not paying dues, others only when they saw fit. Although the club had only 200 members and 250 lockers, I found some using more than one locker and some up to five. Tom dropped any a member who was delinquent, while I put notices in lockers that were unassigned and cleared them out. Both Tom and I got phone calls at home, some answered by our wives, from not-too-happy members.

Tom was elected as club President in 1980, but while he waited for his term to begin on the first of the year, we had our historic fire. The fire that destroyed the San Francisco Rowing Club (SFRC), after the court had closed them down because they refused to accept women members, also did extensive damage to our main building. We had fire insurance, but we couldn't come to a financial agreement. Tom fought with the insurance company over the cost of repair. Eventually they agreed to pay enough to put our own club back the way it was and make a settlement for the SFRC. But after we had removed what was left of the SFRC, we had less than \$200,000 left. Tom Gould and



*Wild and crazy guy Tom Gould joined the DC when he was 18.*

Tom Hoffman, both money

smart, invested the balance in short term investments, in the 14% return days, and grew the balance enough to build the annex building--Zahler Hall, women's locker room, Sancimino Room, and boat shed.

In 1981 we had our first Escape from Alcatraz Triathlon. Tom was a helper. Someone handed him the timing sheets and he completed the results. He did the timing for almost every year since, doing the split-times in his head.

*Tom will surely be missed as a true Dolphin.*

*Peter Bianucci*



Photo by Susanne Friedrich

*San Francisco fireboat is on hand to celebrate 100th Golden Gate Swim.*



# We'll Take Manhattan. . .Catalina, Tahoe too

*Joe Illick*

David Rich is one of our oldest and least heralded marathon swimmers. A shower conversation might include his observation, when pressed, that he was just on a family trip to Spain and “Yeah, and I took the opportunity to swim the Strait of Gibraltar,” or “It was interesting to do Lake Zurich,” or “The Maui Channel was a kick,” or “Ever hear of the Bonifacio Channel? You swim from Corsica to Sardinia. “

And so, maybe with Rodgers and Hart in mind, this summer he took on the Manhattan Island swim, 28.5 miles around the “isle of joy,” twenty bridges and a variety of waterways. For David, it was also a fundraiser in which he raised \$13,000 to support wounded soldiers recovering at the Walter Reed National Medical Center where his father had been Chief of Vascular Surgery.

This year sixty swimmers qualified for this portion of the Triple Crown of Open Water Swimming, along with the English Channel and the Catalina Channel. They were divided into five smaller groups, each racing on a different day, depending on currents, during the long, long time from June to September. In David's group were swimmers from Spain, Mexico, Australia and the UK.

David came equipped with knowledge gained from numerous Dolphins who had swum the route before him, bolstered with updated medical shots and antibiotics. And, of course, training: 3 – 6 hours with feeding plans, in the pool and with long-distance work-outs in the lagoon at Stinson Beach, whose mid-70s water is similar to Manhattan's.

At 5:30 a.m. he checked in at a marina on the upper West Side, and with his assigned support team (his observer, his captain and his kayaker) loaded up the boats and motored down the Harlem River to the designated starting point on the East River.

The race went off in heats based on speed to optimize swimmers reaching certain course points, the change of currents and ultimately the finish in a narrow band of time. It was a beautifully sunny day, and the Harlem River was calm and fast moving. He sensed the speed of the current as bridges whisked by, giving him a boost in confidence.

After 2-1/2 hours he reached the Hudson River, expansive compared to the Harlem but slower, with headwinds and waves. Another 3-1/2 hours took him to Battery Park at the southern tip of the island – and a cacophony of sights, sounds and action: boat congestion and helicopters. Moving from the chaotic to the serene, the final leg, up the East River with the current



*David Rich and his NYC support team*



*Ryan Utsumi under the Brooklyn Bridge last summer*



*On his way to the start, Ryan Utsumi checks out Manhattan landmarks to look out for.*

picking up again, gave him an adrenaline boost and a finishing time of 7 hours, 40 minutes, well under his 8-hour goal.

That was on August 19, 2017, two months after Ryan Utsumi's navigation of the same course. Swimming was the center of Ryan Utsumi's life growing up in sunny southern California where he covered the five kilometer swim from Huntington Beach to Seal Beach while in high school. Then it was off to pool immersion in frosty New England at Dartmouth College. Having graduated, he abandoned the water for a decade or so, until joining the Dolphin Club in early 2015, and soon began training for an English Channel swim. He made the crossing under the tutelage of some DC veterans – less intimidated, he says, by the physical than the mental aspect of it.

In the summer of 2016 he crossed in eleven hours flat, sunrise to sunset, and prepared for the following year. First, like David Rich, he took on the circling of Manhattan on



*David Holscher and daughter Hannah*

June 25, seven hours and 17 minutes, second in his heat. A month later, July 19, he was crossing Lake Tahoe lengthwise (21-1/4 miles in ten hours, 36 minutes). On August 21, he spanned the Santa Barbara Channel from Anacapa Island to the mainland (12+ miles in five hours, 29 minutes). And finally, on September 25, the Catalina Channel from Santa Catalina Island to the mainland at night (20+ miles in eleven hours, 6 minutes), a "tough" swim, according to Ryan, a different experience from the English Channel.

Ryan is now the holder of the records for both the Triple Crown of Open Water Swimming and the California Triple Crown of Open Water Swimming. The waiting lists for the so-called Oceans Seven swims are too long for him to sign on to for next summer, but they are on his mind.

Three other Dolphins joined Ryan in crossing the Catalina Channel: Luca Pozzi, Andrew Wynn and David Holscher. Luca jumped on September 3 and swam into the next day, 20-1/4 miles in ten and a half hours (an



*David Holscher and daughter Hannah after completing Straits of Gibraltar swim*





*Luca Pozzi off Catalina Island*

Italian record, he claims), and was welcomed by a chorus of Dolphins at dawn. Whether that also was recorded is debatable – he says they performed *nessun dorma* (no one sleeps).

Andrew's jump on September 22 was marred by seasonally uncharacteristic nasty weather, large swells and high winds. Seasick but motivated by his crew when he reluctantly entered the sea, he persisted into the calmer morning waters, reflecting that "being part of the Dolphin Club, Night Train Swimmers and open water community has pushed me farther than I knew was possible." He finished in eleven hours, 20 minutes. For the future, he is contemplating a plunge near his family



photo Susanne Friedrich

*This year, Catherine Breed swam the length of Tahoe in the fastest time ever recorded: 8 hours 56 minutes*

home of Penzance in the UK: the Scilly Isles to the UK mainland – a 28-mile swim that has only been completed by three people.

David Holscher's twenty-one mile swim stretched from mid-day, October 17th to mid-day, October 18 (twelve hours, 31 minutes). Three years earlier, he had spanned the Strait of Gibraltar (approximately nine miles) in four hours, 49 minutes, along with his 14-year-old daughter Hannah, the first father/daughter to complete the swim (she was the youngest American to have completed it). He has also been part of a number of relays, including the first successful Farallon Relay and the record setting 228-mile swim from Santa Barbara to San Diego on August 22-26, 2013.

Unsurprisingly, there are many routes to long distance or marathon swimming. David Rich was a competitive swimmer as a boy but not in college, and then was drawn back in through triathlons in the late 1980's and joining the Dolphin Club in 1990, when he organized one of the early DC English Channel Swims. Ryan Utsumi was a competitive swimmer in school and college, dropped out, then resumed with the English Channel. Luca Pozzi was thrown into a pool at three months, swam competitively



*Andrew Wynn (center) with his Catalina Channel crew.*

through high school (no swim teams in Italian colleges), and re-entered the water when he moved to the Bay area and got engaged under the Jacuzzi. Andrew Wynn experienced pool competitions and open water swimming as a boy, but not at Purdue. After a term in the Peace Corps, he settled in San Francisco, met Sunny and Mark McKee, and was introduced to open water swimming by way of the DC Triathlon. David Holscher was a competitive swimmer in high school but a competitive sailor in college and always enjoyed surfing. He began open water swimming when he was invited to join an English Channel relay in 2008, which marked the beginning of Night Train Swimmers.

Another long distance Dolphin this summer was Catherine Breed, perennial first in Club swims. She started her career at age four, qualified for the U. S. Olympic trials at 15 and was an NCAA All-American. She accomplished the 21.3-mile lengthwise Lake Tahoe route in eight hours, 56 minutes, the fastest time ever recorded.

# Into the Woods, with Jon Bielinski

*Davis Ja*



*J.D. Durst chops the branches off a black locust tree before it's felled.*

It was in the early 90s during one of Jon Bielinski's first rowing trips to Sacramento, when, just past the town of Isleton, he saw a wild grove of trees on the banks of the Sacramento River. A long time boat builder, Jon immediately recognized the trees. They were black locusts.

Black locust trees (*Robinia pseudoacacia*) are most commonly found in the central and eastern

portions of the United States, rarely in the west. The critical features of the tree are its resistance to rot, durability and straight grain, making it desirable for use as fence posts, and of course, for wooden boats. Some consider it the most durable hardwood found in North America. It grows very rapidly for the first twenty years but slows down substantially afterwards, resulting in a tight grain structure.

It's an outstanding environmental alternative to tropical hardwoods or pressure treated wood which requires injections of chemical preservatives such as arsenic.

By the mid-90s, after multiple visits eyeing the grove, Jon recognized that it held many excellent trees that could be used for the fleet of wooden boats at the Dolphin Club. The grove occupied about a half acre of land that was owned by an adjacent granary and fenced off. He tried unsuccessfully for several years to reach the elusive owner, but thanks to the efforts of Jeff Wieland, the grandson of the namesake of our flagship barge, an arrangement was finally made as long as insurance was obtained for any harvesting operation. In return, the grove was to be cleared of brush, fallen trees, and other debris.

Since that time, every several years Jon has taken a small group of Dolphin Club members to Isleton to harvest more trees for our fleet and to maintain the grove. Some of them were used to help rebuild the *Wieland* in 1997.

The trip to Isleton in January this year began with significant challenges. First, the board of governors had to approve the cost for seven of us to go to Isleton for three days. After an extensive discussion, including a proposition of "why not just get wood from a lumber yard!?", we explained the necessity of green, untreated hardwood for traditional wood boat building, and they gave their approval. Secondly, on the first morning of the harvest, the primary truck loaned to our group broke down in the heart of Montgomery Street. A second truck used to tow the first also broke down. Although both trucks were rescued, neither was able to complete the trip. Returning to the club, Jon ran into Joe Omran and on the off chance, asked him whether he had a truck we could borrow. Without any questions, Joe simply tossed his keys to Jon and told him where it was parked. A primary example of the Dolphin way!

With our truck secured, the group including Jon, Rachel Berquist, Julia Hechanova, Andy Stone, J.D. Durst,





*In a secret grove near Isleton, Julia Hechanova, Jon Bielinski and Rachael Berquist clear away the undergrowth.*

Don Osborne, and myself, Davis Ja, set off. Life member Eric Hanson, whose hospitality and home serves as the last stop of our Sacramento rows, also offered support in clearing logs, bringing them to his wood-burning home. This trip was an invaluable opportunity for journeyman boat builders Rachel and Julia to learn from Jon's knowledge and skills in harvesting the right wood for boat building. This is a prerequisite to understanding the history, culture and tradition of wooden boat building. The skills of our group were critically important; JD's experience in staging brought knowledge of roping, pulleys and climbing techniques. Andy's skills as a gardener helped us understand the types of plants and trees that we were working with. Don's knowledge of carpentry

would also be of critical importance. Finally, since I had ten fingers and could count, I served as purser, tracking expenses.

Off River Road, just north of Isleton, we found the grove just inside the gate of the granary. What surprised us most was the wild growth that pervaded the small lot. It was filled with small brush and wild reeds, most of which topped five or six feet in height. It was also somewhat treacherous, given that we had to descend an eight-foot embankment just to get amongst the trees. It seemed impossible to even get to the trees. And so we began by clearing the brush while Jon and Andy prepared small and large chain saws, pole saws, weed wackers, trimmers, ropes, chains, pulleys, helmets, and ear protectors. It took most of the first

day to simply clear sufficient brush to give us working room and the ability to safely walk and work in the grove. Operating on uneven ground, climbing and cutting, particularly with chainsaws, made safety the highest priority.

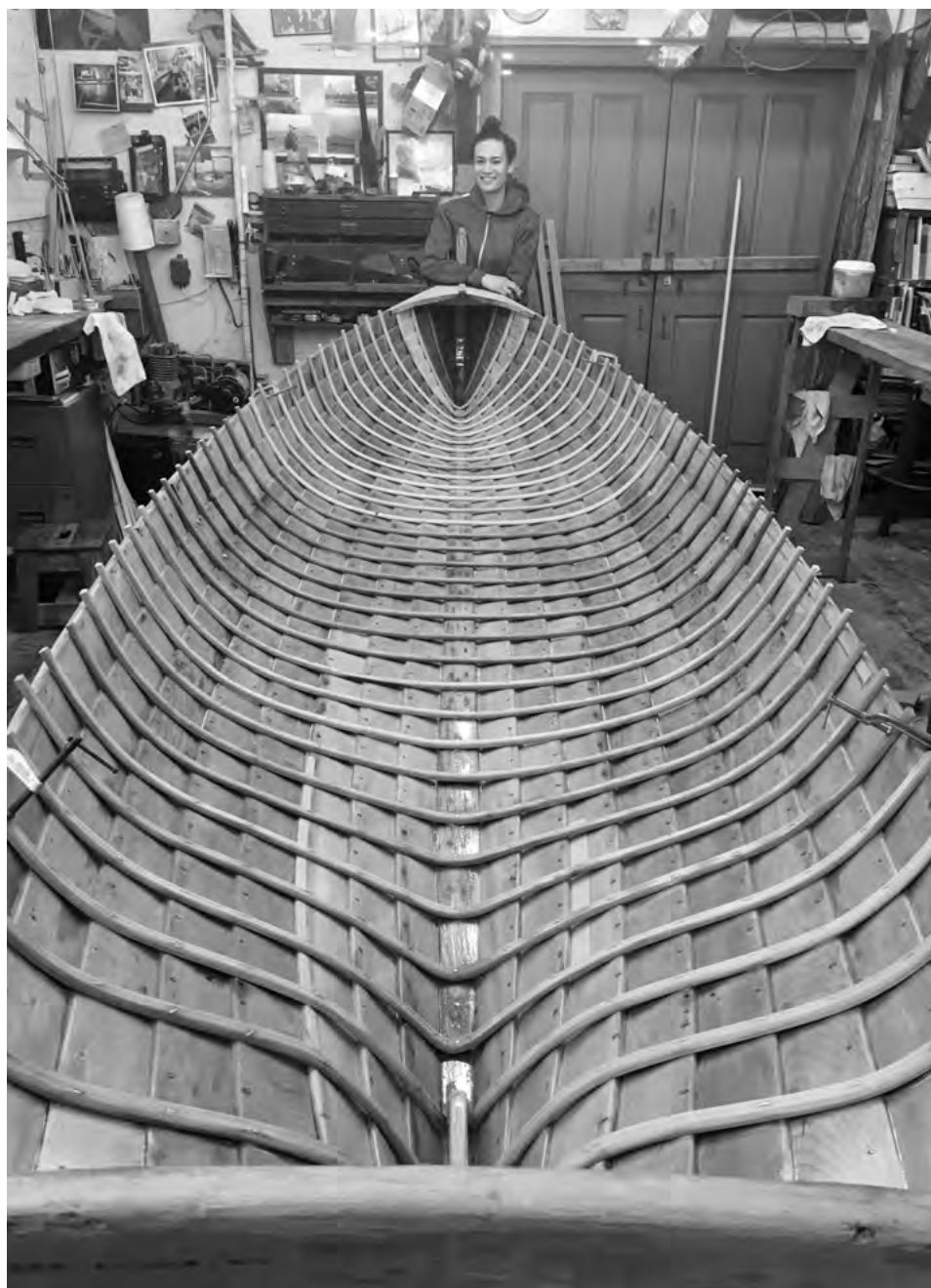
After the brush clearing, Jon and Andy walked through the grove and discussed what trees might be most desirable--and available--to be cut down in a safe direction. This meant that the trees had to fall without being "hung up" on another tree or damaging the fence. Since River Road passed nearby, an ill-fallen tree could stop traffic on the busy road. Once a tree was selected, a path was opened for the direction of the fall by cutting smaller trees in the way. Other younger trees were preserved so that they could be used in our wooden fleet 20 or 30 years from now.

Ropes were used and tied to pulleys so that the proper direction of the fall could be managed. Often JD or Jon would climb up the first quarter of the tree to cut large branches that might impede the fall. Once a tree was felled, the branches were trimmed, and the most useful pieces or the core were identified and cut into logs. Most of the wood harvested was approximately 8 to 15 inches in diameter and as long as 12 feet. The remaining branches and wood were cut into pieces for firewood or left in small brush piles.

This trip was an opportunity for Jon to show our young boat builders not only how to select the best trees, but how to safely manage the harvest. So for each step of the process, both Rachel and Julia learned the critical steps necessary. This included learning to identify the best trees, determine the path of the fall, felling the tree and cutting it into the most usable sections. After three days, we returned



*Left: knees, usually apple. Center: Breast hook made from hardwoods: the darkest is African mahogany, the mid color is black locust and the lighter grain is probably oak Right: Burden boards made from cedar.*



*The repaired Good Luck, its ribs made from black locust. Assistant boatmaster Julia Hechanova admires the beautiful handiwork, much of it from Boatnight volunteers.*

with the logs to the Dolphin Club, exhausted but pleased at all the wood we had harvested.

Our wooden boats utilize many types of wood; owing to its hardness and durability, the black locust

is used for the "ribs" of the fleet. Hardwood is also used in places that receive the most pressure or require maximum strength, such as the breast hook at the prow, which might be black locust, oak or apple.

The oarlock blocks are also mostly black locust. The knees, shaped from where a branch meets the tree's trunk, and which hold the thwarts --seats-- are often apple or cherry. The risers, which hold the seats in place, are of oak, mahogany or, again black locust. The lapstrake planks that make up the hull of the vessel are most often cedar; the most desirable is Port Orford cedar from Oregon, though Alaskan yellow or Spanish cedar is also used. The seats and burden boards on the floor are generally softer woods such as cedar since some flexibility is required.

In our boat shop, the *Good Luck* was the fortunate recipient of our black locust, which was still green and had the flexibility and softness necessary for crafting ribs. The logs were first milled with a bandsaw in order to find the straightest grain with no disruptions in the wood. The milling follows the natural curves, which preserves its natural strength. These pieces were then planed into the thickness required for the ribs. Next, the ribs were routed over two sides, soaked in water and steamed for 22 minutes at 210 degrees. After this steam bath, the boat builders have 30 seconds to put each one in place before it cools and reverts to its original shape.

This year, two boats received new ribs from this harvest. For the *Good Luck*, 32 of the original 35 oak ribs were replaced by black locust wood. These were the first rib frame replacements on the *Good Luck* since it was built in 1976. For the *Farrell*, our historic double built 100 years ago, 12 of its original 25 ribs were replaced. The *Farrell* piloted the 100th anniversary of the Joe Bruno Golden Gate swim with new ribs built from trees in the delta.

In October of this year, on two Sacramento rows, the *Farrell* passed by that copse near Isleton, the birthplace of the wood that now helps to hold this distinguished boat together. It was a fitting salute to a tradition of wooden boat building, the historic fleet of our Dolphin Club and to a natural environment which continues to give enduring strength, beauty and joy.

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## DOLPHIN LOG SWIM STATISTICS

### Crissy Field Swim AUGUST 20, 2017

| Place | Name               | Time    |
|-------|--------------------|---------|
| 1     | Catherine Breed    | 43:52   |
| 2     | Andrew Wynn        | 46:39   |
| 3     | Suzanne Heim       | 47:01   |
| 4     | Adam Eilath        | 47:06   |
| 5     | Lauren Au          | 51:44   |
| 6     | Stephen Schatz     | 51:48   |
| 7     | Chris Wagner       | 55:43   |
| 8     | Hubert Chaperon    | 55:43   |
| 9     | Ross Browne        | 55:52   |
| 10    | Marton Siklos      | 56:39   |
| 11    | Alex Strand        | 57:00   |
| 12    | Bri McCarthy       | 1:00:40 |
| 13    | Peter Bartu        | 1:01:06 |
| 14    | Michael T-Hahn     | 1:02:34 |
| 15    | Stuart Moulder     | 1:04:04 |
| 16    | Kevin Whalen       | 1:05:44 |
| 17    | Megan Wachs        | 1:07:35 |
| 18    | Peter Molnar       | 1:08:24 |
| 19    | Jason Prodoehl     | 1:09:17 |
| 20    | Morgan Kulla       | 1:11:42 |
| 21    | David Nosrati      | 1:12:19 |
| 22    | Gina Rus           | 1:12:34 |
| 23    | George Morris      | 1:13:29 |
| 24    | Thomas Partridge   | 1:14:27 |
| 25    | Maggie Lonergan    | 1:14:43 |
| 26    | Pauline F-Koppenol | 1:17:45 |
| 27    | Timothy Kreutzen   | 1:18:32 |
| 28    | Joe Ferrero        | 1:19:14 |
| 29    | Tyler Burton       | 1:19:22 |
| 30    | Trevor Haynes      | 1:19:29 |
| 31    | Holly Reed         | 1:21:04 |
| 32    | Andy Stone         | 1:21:15 |
| 33    | Mark Lenz          | 1:22:43 |
| 34    | Kathleen Duffy     | 1:22:45 |
| 35    | Tracy Lorenz       | 1:25:25 |
| 36    | Jamie Robinson     | 1:26:19 |
| 37    | Marcy Michael      | 1:26:58 |
| 38    | Ron Russ           | 1:27:21 |
| 39    | Janine Corcoran    | 1:30:10 |
| 40    | Gretchen Coffman   | 1:33:12 |
| 41    | Hal Offen          | 1:34:22 |
| 42    | Donald Osborne     | 1:34:49 |
| 43    | Anthony DuComb     | 1:34:59 |

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| 44                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Laura Grubb      | 1:35:56 |
| 45                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Kelly Clonts     | 1:39:02 |
| 46                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | John Ingle       | 1:49:58 |
| 47                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Donna Schumacher | 1:51:02 |
| 48                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Arnie Thompson   | 1:53:02 |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Robert Colyar    | dnf     |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | Linda Mahnken    | dnf     |
| <b>Pilots:</b> Marcus Auerbuch, Eduardo Barranco, Jon Bielinski, John Blackman, Robert Blum, Barbara Byrnes, Barry Christian, Kathryn Cronin, Reuben Hechanova, Terry Horn, Wiktor Jakubiuk, Margaret Keenan, Brian Kiernan, Tom McCall, Mikhail Melnikov, Jane Mermelstein, Jacqueline Merovich, Kent Myers, Rick O'Hara, Joseph Omran, Steve Pratt, John Robiola, Anna Schatz, Nihan Tiryaki, Ben Zovickian                                                                                                                                                                                                                                                                                                                                                       |                  |         |
| <b>Helpers:</b> Dean Badessa, Joni Beemsterboer, Phillip Bowen, Andrew Braithwaite, Catherine Breed, Tyler Burton, Scott Cauchois, Hubert Chaperon, Kelly Clonts, Robert Colyar, Yossi Ettinger, Brian Gilbert, Patrick Grady, Laura Grubb, Lewis Haidt, Trevor Haynes, Suzanne Heim, Tom Hunt, Joe Illick, Sean Kelly, Susan Lauritzen, Mark Lenz, Mark Lubiszewski, Linda Mahnken, Bri McCarthy, Heather McClure, Stuart Moulder, Lorna Newlin, Hal Offen, Lucy Partridge, Tom Partridge, Jason Prodoehl, Story Rafter, Robin Rome, Polly Rose, Aaron Rosenthal, Ron Russ, Donna Schumacher, Eric Shupert, Suma Snehalatha, Andy Stone, Alex Strand, Robert Strawbridge, Matt Stromberg, Arnie Thompson, Diane Walton, Kathryn Werhane, Kevin Whalen, Andrew Wynn |                  |         |
| <b>Test Swim:</b> Lauren Au, Peter Cullinan, Hal Offen, Joseph Omran, Stephen Schatz, Nihan Tiryaki, Chris Wagner, John Blackman, Adam Eilath, Terry Horn, Davis Ja, Wiktor Jakubiuk, Brian Kiernan, Joe Marendia, Tom McCall, Jane Mermelstein, Diane Walton                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                  |         |
| <b>Special thanks also to:</b> Kain Stromberg, son of Matt, who helped wrangling the clothes.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                  |         |

### 100th Joe Bruno Gold Gate Bridge Swim SEPTEMBER 16, 2017

A truly wonderful swim was enjoyed by all of the swimmers and all of the watchers, the pilots, the helpers, and the invited guests. This was a complex swim, administratively, but the reward for it, the ceremonies and food afterwards, were terrific. Special mention must be made to thank Duke Dahlin for his organizational work, Joe Omran for the special food and work in the galley, and Kent Myers for the fantastic poster. Thanks also to all of our returning champions: men and women who have won the swim in the past. \*Returning champions (see summer 2017 Log)

| Place | Name                | Time  |
|-------|---------------------|-------|
| 1     | Catherine Breed*    | 17:23 |
| 2     | Allison Arnold      | 17:34 |
| 3     | Adam Eilath*        | 19:05 |
| 4     | Ben Zovickian       | 19:10 |
| 5     | Suzanne Heim*       | 19:25 |
| 6     | Steve Pratt*        | 20:15 |
| 7     | Todd Walsh*         | 20:25 |
| 8     | Adam Engelskirchen* | 20:38 |
| 9     | Jari Salomaa*       | 20:42 |
| 10    | Chris Wagner        | 21:05 |
| 11    | Ross Browne*        | 21:55 |
| 12    | Stephen Schatz      | 22:05 |
| 13    | Ed Duncan*          | 22:59 |
| 13    | Laura Zovickian*    | 22:59 |
| 15    | Joe Marendia        | 23:17 |
| 16    | Patrick Grady       | 23:26 |
| 17    | Marton Siklos       | 23:30 |
| 18    | Yossi Ettinger      | 24:13 |
| 19    | Michael T-Hahn      | 24:50 |
| 20    | Neala Kendall*      | 24:56 |
| 21    | Sean Kelly          | 25:15 |
| 22    | Anna Olsen          | 25:34 |
| 23    | Jason Prodoehl      | 25:48 |
| 24    | Stuart Moulder      | 25:54 |
| 25    | Chris Germain       | 26:07 |
| 26    | Bob Cable           | 26:23 |
| 27    | Anna Schatz         | 26:52 |
| 28    | Tom Neill           | 27:02 |



## Kruit Painting Inc.

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## DOLPHIN LOG SWIM STATISTICS

|    |                    |       |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
|----|--------------------|-------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------|-------|
| 29 | John Selmer*       | 27:15 | 92                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Bill Burke        | 43:52 |
| 29 | George Shafer      | 27:15 | 93                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | John Ingle        | 44:25 |
| 31 | Terry Huwe         | 28:09 | 94                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Scott Cauchois    | 44:32 |
| 32 | Danny De Leon      | 28:24 | 95                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Robert Callan Jr. | 44:45 |
| 33 | Michael Garibaldi* | 28:28 | 96                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Michael Barber    | 45:46 |
| 34 | Megan Wachs        | 28:30 | 97                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Andrea Morgan     | 45:49 |
| 35 | Hubert Chaperon    | 28:43 | 98                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Peter Neubauer    | 47:15 |
| 36 | David Nosrati      | 29:02 | 99                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                              | Sheila Gleeson    | 47:30 |
| 37 | Chase Corum        | 29:16 | 100                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Lorna Newlin      | 49:48 |
| 38 | Kathleen Sheridan  | 29:39 | 101                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Lindsay Boswell   | 51:55 |
| 39 | Mickey Lavelle     | 29:40 | 102                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Suma Snehalatha   | 55:04 |
| 40 | Gina Rus           | 29:46 | dnf                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Holly Baskin      |       |
| 41 | Rich Haymes        | 29:54 | dnf                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             | Anne Sasaki       |       |
| 42 | Andy Stone         | 30:00 | <b>Pilots:</b> Jean Allan, Marcus Auerbuch, Peter Bartu, Natazha Bernie, Jon Bielinski, John Blackman, Todd Bloch, Richard Bond, Barbara Byrnes, Lowen Cattolico, Barry Christian, Kathryn Cronin, Thomas Davis, Jay Dean, Marianne Dean, James Dilworth, Paul DuBois, Sam Ferguson, Patrick Freilinger, Brad Gambrell, Alessandro Gatti, Mark Gustin, Donald Harrison, Reuben Hechanova, Kelley Heye, Dawn Holley, Terry Horn, Paul Irving, Davis Ja, Jenn Jackson, Rochelle Jones, Liz Kantor, Brian Kiernan, John Kortum, Will Kushner, Eric Lam, Matthew Leffers, Kristy Leffers, Gary Leong, Thea Liskamm, Tor Lundgren, Mary Magocsy, Christian Martin, Meredith May, Grant Mays, Tom McCall, Tyler Meade, Jane Mermelstein, Jacqueline Merovich, Peter Molnar, Jon Nakamura, David Nettel, Rick O'Hara, James Michael Palu, John Pelka, Jesse Pence, John Robiola, Michael Rousseas, Katherine Schatz, Sibylle Scholz, Carlyle Seccombe, Eric Shackelford, Maile Smith, Scott Stark, Matt Stromberg, Monica Towers, Chris Tschinkel, Erik Von Blankenburg, Diane Walton, David Zovickian |                   |       |
| 43 | John Henderson     | 30:35 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 44 | Peter Drino*       | 31:07 | <b>Helpers:</b> Susan Allen, Laura Atkins, Andrew Braithwaite, Tyler Burton, Gretchen Coffman, Robert Colyar, Janine Corcoran, Erik Cufino, John Davis, Duke Dahlin, Danny De Leon, Quinn Fitzgerald, Sue Garfield, Chris Germain, Sharon Gross, Jon Grunstad, Trevor Haynes, John Henderson, John Hornor, Nancy Hornor, Carolyn Hui, Tom Hunt, John Ingle, Gavin Jefferies, Bryn Kass, Athena Kyle, Lolly Lewis, Loretta Madden, Mary Magocsy, Heather McClure, Peter Neubauer, Joe Omran, Dennis Polston, Daragh Powers, Neal Powers, Jason Prodoehl, Robin Rome, Polly Rose, Ron Russ, Anne Sasaki, Marie Sayles, Susan Saylor, Eric Shupert, Alexander Sigal, Suma Snehalatha, Bob Tandler, Kevin Whalen, John Wilde, Janice Wood                                                                                                                                                                                                                                                                                                                                                           |                   |       |
| 45 | Robert Blum        | 31:42 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 46 | Keith Nelson       | 31:45 | <b>Test Swim:</b> Barbara Byrnes, Andrew Cassidy, Jane Mermelstein, Mike Mitchell, Peter Molnar, Michael Silva, Matt Stromberg, Allison Arnold, Jon Bielinski, John Blackman, Duke Dahlin, Reuben Hechanova, Terry Horn, Davis Ja, Brian Kiernan, Joe Marena, Tom McCall, Andrea Morgan, Stephen Schatz, Scott Stark, Diane Walton, David Zovickian                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |                   |       |
| 47 | Maggie Lonergan    | 32:00 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 48 | Margaret Keenan    | 32:12 | Special thanks to: Xavier Lanier, a non-member who joined the piloting group on a jet ski.                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |                   |       |
| 49 | Timothy Kreutzen   | 32:24 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 50 | Peter Cullinan     | 32:36 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 51 | Denise Sauerteig   | 32:56 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 52 | Trevor Haynes      | 33:11 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 53 | Holly Reed         | 33:25 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 54 | Bryn Kass          | 33:26 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 55 | Dean Badessa       | 33:32 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 56 | Lindzy Bivings     | 33:50 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 57 | Tyler Burton       | 34:00 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 58 | Jim Frew           | 34:02 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 59 | Aaron Rosenthal    | 34:07 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 60 | Ken Coren          | 34:15 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 61 | Hal Offen          | 34:28 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 62 | Mark Lenz          | 34:40 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 63 | Barry Baskin       | 35:31 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 64 | Marcy Michael      | 35:36 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 65 | Andrea Allen       | 35:39 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 66 | Deb Sullivan       | 35:42 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 67 | Janine Corcoran    | 35:57 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 68 | Nancy Hornor       | 36:00 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 69 | Douglas James      | 36:35 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 70 | Joni Beemsterboer  | 36:45 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 71 | Philip Coyle       | 36:49 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 72 | Tommaso Trionfi    | 37:06 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 73 | Pauline F-Koppenol | 37:20 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 73 | John Hornor        | 37:20 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 75 | Gretchen Coffman   | 38:00 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 76 | Gregory Anderson   | 38:36 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 76 | Kent Myers         | 38:36 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 78 | Mark Lubiszewski   | 39:00 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 79 | Robin Rome         | 39:08 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 80 | Donald Osborne     | 39:26 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 81 | Will Powning       | 39:40 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 82 | Ron Russ           | 40:04 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 83 | Kathleen Duffy     | 40:38 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 84 | Laura Grubb        | 40:45 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 85 | Lindsey Hoshaw     | 41:00 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 86 | Liam Hennessy*     | 41:26 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 87 | Lewis Haidt        | 41:40 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 88 | Kathryn Werhane    | 41:45 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 89 | Susan Lauritzen    | 42:38 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 90 | Joe Gannon         | 42:55 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |
| 91 | Linda Mahnken      | 43:20 |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 |                   |       |



### Alcatraz Swim OCTOBER 1, 2017

[As of October 5, 2017, the following results had been reported: the pilots' list was still incomplete and the list of helpers in the Galley had not been turned in. Information will be updated as it is received.] The swim had its challenges, including a freighter, which slowed to allow the swimmers and pilots to get out of the way.

| Place | Name               | Time    |
|-------|--------------------|---------|
| 1     | Catherine Breed    | 33:13   |
| 2     | Allison Arnold     | 33:14   |
| 3     | Adam Eilath        | 35:59   |
| 4     | Suzanne Heim       | 37:25   |
| 5     | Ben Zovickian      | 39:20   |
| 6     | Lauren Au          | 41:39   |
| 7     | Patrick Grady      | 43:06   |
| 8     | Stephen Schatz     | 43:34   |
| 9     | Ross Browne        | 43:43   |
| 10    | Matt Stromberg     | 44:41   |
| 11    | Marton Siklos      | 46:29   |
| 12    | Hubert Chaperon    | 47:25   |
| 13    | Yossi Ettinger     | 47:36   |
| 14    | Alex Strand        | 48:36   |
| 15    | Laura Zovickian    | 49:04   |
| 16    | Michael T-Hahn     | 50:21   |
| 17    | Amanda Ernzer      | 51:42   |
| 18    | Bri McCarthy       | 52:01   |
| 19    | Anna Schatz        | 53:17   |
| 20    | Anna Olsen         | 53:22   |
| 21    | Kevin Whalen       | 54:09   |
| 22    | Chris Germain      | 55:12   |
| 23    | Mickey Lavelle     | 55:45   |
| 24    | Tom Neill          | 56:09   |
| 25    | Terry Huwe         | 57:35   |
| 26    | Charles Cross      | 57:51   |
| 27    | David Nosrati      | 1:00:07 |
| 28    | Thomas Partridge   | 1:01:11 |
| 29    | Chase Corum        | 1:03:26 |
| 30    | Trevor Haynes      | 1:03:27 |
| 31    | Krista Gager       | 1:04:02 |
| 32    | TylerBurton        | 1:05:22 |
| 33    | Kathleen Sheridan  | 1:05:41 |
| 34    | Andy Stone         | 1:05:54 |
| 35    | Andrew Braithwaite | 1:08:18 |
| 36    | Danny De Leon      | 1:08:27 |
| 37    | Keith Nelson       | 1:10:09 |
| 38    | Robert Blum        | 1:10:49 |



## DOLPHIN LOG SWIM STATISTICS

|     |                   |         |
|-----|-------------------|---------|
| 39  | Wiktor Jakubiuk   | 1:10:52 |
| 40  | Margaret Keenan   | 1:11:11 |
| 40  | Timothy Kreutzen  | 1:11:11 |
| 42  | Hal Offen         | 1:11:23 |
| 43  | Tommaso Trionfi   | 1:11:37 |
| 44  | Laura Grubb       | 1:12:11 |
| 45  | Mark Lenz         | 1:12:27 |
| 46  | Mark Harrold      | 1:12:39 |
| 47  | Morgan Kulla      | 1:12:47 |
| 48  | Lindzy Bivings    | 1:14:09 |
| 49  | Janine Corcoran   | 1:14:22 |
| 50  | Joni Beemsterboer | 1:14:22 |
| 51  | Kathleen Duffy    | 1:15:12 |
| 52  | Ken Coren         | 1:16:19 |
| 53  | Gretchen Coffman  | 1:16:22 |
| 54  | Denise Sauerteig  | 1:16:55 |
| 55  | Scott Cauchois    | 1:17:38 |
| 56  | John Wilde        | 1:18:14 |
| 57  | Donald Osborne    | 1:18:26 |
| 58  | John Hornor       | 1:19:03 |
| 59  | Maggie Lonergan   | 1:19:09 |
| 60  | Holly Reed        | 1:20:33 |
| 61  | Lindsey Hoshaw    | 1:21:20 |
| 62  | Ron Russ          | 1:24:33 |
| 63  | Bill Burke        | 1:26:42 |
| 64  | Michael Barber    | 1:26:46 |
| 65  | Kathryn Werhane   | 1:27:19 |
| 66  | Jamie Robinson    | 1:27:42 |
| 67  | Peter Neubauer    | 1:28:11 |
| 68  | Keith Howell      | 1:28:21 |
| 69  | Marcy Michael     | 1:29:00 |
| 70  | Deb Sullivan      | 1:29:50 |
| 71  | Linda Mahnken     | 1:30:12 |
| 72  | Robert Callan Jr. | 1:33:05 |
| 73  | Joe Gannon        | 1:33:34 |
| 74  | Aaron Rosenthal   | 1:33:43 |
| 75  | Janice Wood       | 1:34:44 |
| 76  | John Ingle        | 1:37:36 |
| 77  | Will Powning      | 1:39:04 |
| 78  | Kent Myers        | 1:43:32 |
| 79  | Lindsay Boswell   | 1:46:29 |
| R   | Stuart Gannes     | 1:03:06 |
| R   | Suma Snehalatha   | 1:39:20 |
| R   | Sheila Gleeson    | 1:44:06 |
| R   | Nancy Hornor      | 1:05:08 |
| dnf | Barry Baskin      |         |

**Pilots:** John Blackman, Richard Bond, Barbara Byrnes, Bob Cable, Barry Christian, Anthony DuComb, Adrian Dyer, Sam Ferguson, Brad Gambrell, Reuben Hechanova, Terry Horn, Davis Ja, Brian Kiernan, Eric Lam, Thea Liskamm, David McGuire, Andrea Morgan, Jon Nakamura, David Nettell, Rick O'Hara, John Robiola, Gina Rus, Anne Sasaki, Eric Shackelford, Deborah Sherwood, Elizabeth Tippin, Monica Towers, Chris Tschinkel, Megan Wachs, David Zovickian  
**Helpers:** Andrea Allen, Barry Baskin, Christine Casey, Peter Cullinan, Signe Curtis, Eileen David, Brenna Fleener, Brian Gilbert, Gail Grynbaum, Suzanne Heim, Tom Hunt, Claire Jackson,

Marcy Michael, Lorna Newlin, Miriam Osborne, Melissa Parent, Daragh Powers, Neal Powers, Polly Rose, Eric Schaefer, Eric Shupert, Jennifer Sturgill, Michael Tschantz-Hahn, Ryan Utsumi, Kevin Whalen, John Wilde, Janice Wood  
**Test Swim:** Gabriella Cross, Peter Cullinan, John Ingle, Aniko Kurczinak, Stephen Schatz, Matt Stromberg, Jon Bielinski, John Blackman, Charles Cross, Reuben Hechanova, Terry Horn, Brian Kiernan, Tom McCall, Tom Neill, David Nettell, Sibylle Scholz, Diane Walton  
**Special Thanks to:** Travis Kulla – Morgan's son, Caroline Curtis – non-member, David Ufferflige – non-member



*Ready to start an Alcatraz swim*



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**COMPASS**

# DOLPHIN LOG SWIM STATISTICS

Walt Schneebeli Over 60 Swim  
OCTOBER 22, 2017

Escape From Alcatraz Triathlon  
OCTOBER 29, 2017



Walt Schneebeli 1925-2017

3 different courses

A. touch numbers on Eppleton Hall;

B. buoy line; C. cove

Only 1st place was recorded, with no times recorded. Starting gun fired by Walt Schneebeli.

## Group Place Name

|   |   |                   |
|---|---|-------------------|
| A | 1 | David Zovickian   |
| A |   | Robert Danielson  |
| A |   | John Davis        |
| A |   | Susan Sward       |
| B | 1 | Laura Merkl       |
| B |   | Stan Baker        |
| B |   | Phil Fernandez    |
| B |   | Sue Garfield      |
| B |   | Sarah McCuskey    |
| B |   | Marla McGowan     |
| B |   | Eric Shackelford  |
| B |   | Noel Turner       |
| C | 1 | Jon Nakamura      |
| C |   | Barry Baskin      |
| C |   | Joni Beemsterboer |
| C |   | Mary Cantini      |
| C |   | Ken Coren         |
| C |   | Eileen David      |
| C |   | Norman Degelman   |
| C |   | Joe Gannon        |
| C |   | John Hornor       |
| C |   | Nancy Hornor      |
| C |   | Heidi Howell      |
| C |   | Keith Howell      |
| C |   | Kate Matthay      |
| C |   | Mark McKee        |
| C |   | Sunny McKee       |
| C |   | Michaelynn Meyers |
| C |   | Keith Nelson      |
| C |   | Peter Neubauer    |
| C |   | Hal Offen         |
| C |   | Will Powning      |
| C |   | Robin Rome        |
| C |   | Andy Stone        |
| C |   | Kathryn Werhane   |

**Pilots** Vince Huang, Brian Kiernan  
 Helpers Lindsay Boswell, Sue Garfield,  
 Brian Gilbert, John Hornor, Aniko  
 Kurczinak, Daphne Lagios, Andy Stone,  
 Susan Sward, Diane Walton, Madhuri  
 Yechuri

| Place | Name                 | # of Escapes now complete (2017) | 2017 1st yr complete | Crz | Swim Time | Bike Time | Run Time | Total Time | Notes                              |
|-------|----------------------|----------------------------------|----------------------|-----|-----------|-----------|----------|------------|------------------------------------|
| 1     | Reid Tileston        |                                  | yes                  |     | 0:43:57   | 1:00:03   | 2:26:00  | 4:10:00    | 1st 30s (m)                        |
| 2     | Marton Siklos        | 2                                |                      |     | 0:36:38   | 0:51:22   | 2:47:00  | 4:15:00    |                                    |
| 3     | Thomas Brown         | 7                                |                      |     | 0:40:10   | 0:53:50   | 2:52:00  | 4:26:00    | 1st 40s (m)                        |
| 4     | Thomas Partridge     |                                  | yes                  | yes | 0:42:49   | 0:52:11   | 3:00:00  | 4:35:00    | 1st cruiser                        |
| 5     | Hubert Chaperon      |                                  | yes                  |     | 0:35:11   | 0:54:49   | 3:06:00  | 4:36:00    |                                    |
| 6     | Will Callan          |                                  | yes                  |     | 0:44:32   | 1:32:28   | 2:23:00  | 4:40:00    | fastest run; youngest; 1st 20s (m) |
| 7     | Amanda Ernzer        | 2                                |                      |     | 0:37:21   | 0:56:39   | 3:12:00  | 4:46:00    | 1st 20s (f)                        |
| 8     | Duncan Law           |                                  | yes                  |     | 0:57:13   | 1:07:47   | 2:41:30  | 4:46:30    |                                    |
| 9     | Terry McKellips      | 2                                |                      |     | 0:46:08   | 0:58:52   | 3:02:00  | 4:47:00    | 1st 50s (m)                        |
| 10    | John Ottersberg      | 9                                |                      | yes | 0:33:08   | 0:59:52   | 3:16:00  | 4:49:00    | fastest swim                       |
| 11    | Nobuya Takahashi     | 9                                |                      |     | 0:56:47   | 1:22:13   | 2:33:00  | 4:52:00    |                                    |
| 12    | Conor McLaughlin     |                                  | yes                  |     | 0:44:05   | 1:03:55   | 3:06:00  | 4:54:00    |                                    |
| 13    | Laura Vartain Horn   | 3                                |                      |     | 0:36:24   | 0:57:36   | 3:20:00  | 4:54:00    | 1st 30s (f)                        |
| 14    | Victor Jakubiuk      |                                  | yes                  |     | 0:48:50   | 1:16:10   | 2:53:00  | 4:58:00    |                                    |
|       | Daniel Wheeler       | 3                                |                      | DNF |           |           | 2:43:00  | 5:02:00    |                                    |
| 15    | Conor Power          | 5                                |                      |     | 0:40:58   | 0:56:02   | 3:28:00  | 5:05:00    |                                    |
| 16    | Peter Buck           |                                  | yes                  |     | 0:37:52   | 1:05:08   | 3:27:00  | 5:10:00    |                                    |
| 17    | John Gibbon          |                                  | yes                  | yes | 0:41:29   | 0:55:31   | 3:34:00  | 5:11:00    |                                    |
| 18    | Mark Harrold         |                                  | yes                  |     | 0:49:22   | 1:18:38   | 3:04:00  | 5:12:00    |                                    |
| 19    | Daniel Reid          |                                  | yes                  | yes | 0:40:45   | 1:01:15   | 3:31:00  | 5:13:00    |                                    |
| 20    | Kala Sherman Presser |                                  | yes                  |     | 0:35:27   | 1:04:33   | 3:35:00  | 5:15:00    |                                    |
| 21    | Christian Ebersol    | 3                                |                      |     | 0:55:54   | 1:19:06   | 3:08:00  | 5:23:00    |                                    |
| 22    | Robert Callan        |                                  | yes                  |     | 0:55:56   | 1:13:04   | 3:14:30  | 5:23:30    |                                    |
| 23    | Richard Haymes       | 7                                |                      | yes | 0:49:28   | 0:59:32   | 3:36:00  | 5:25:00    |                                    |
| 24    | Sean McFadden        | 14                               |                      | yes | 0:37:32   | 0:50:28   | 3:59:00  | 5:27:00    | fastest bike                       |
| 25    | Kelly Clonts         |                                  | yes                  |     | 1:05:34   | 1:01:26   | 3:21:00  | 5:28:00    |                                    |
| 26    | Michael Miller       | 3                                |                      |     | 0:42:23   | 1:07:37   | 3:41:00  | 5:31:00    |                                    |
| 27    | Jay Egami            | 2                                |                      |     | 0:42:00   | 1:15:00   | 3:35:00  | 5:32:00    | Wet suit                           |
| 28    | George Morris        |                                  | yes                  | yes | 0:43:54   | 1:12:06   | 3:37:00  | 5:33:00    |                                    |
|       | Tim Harsch           |                                  | yes                  |     | DNF       |           | 3:03:00  | 5:35:00    |                                    |
| 29    | Chris Tschinkel      | 4                                |                      | yes | 1:15:52   | 1:10:08   | 3:24:00  | 5:50:00    |                                    |



# DOLPHIN LOG SWIM STATISTICS

## Escape From Alcatraz Triathlon OCTOBER 29, 2017

|    |                   |    |     |     |         |         |         |         |                                |
|----|-------------------|----|-----|-----|---------|---------|---------|---------|--------------------------------|
| 30 | Anthony DuComb    | 22 |     |     | 0:56:06 | 1:09:54 | 3:53:00 | 5:59:00 | 1st 60s (m)                    |
| 31 | Margaret Lonergan |    | yes |     | 0:49:15 | 1:05:45 | 4:07:00 | 6:02:00 |                                |
| 32 | Alex Sigal        | 6  |     |     | 0:55:02 | 1:26:58 | 3:44:00 | 6:06:00 |                                |
| 33 | John Horner       | 13 |     | yes | 0:56:52 | 1:07:08 | 4:05:00 | 6:09:00 |                                |
| 34 | James Walter      | 6  |     |     | 0:43:27 | 1:08:33 | 4:20:00 | 6:12:00 |                                |
| 35 | John Coughlan     |    | yes | yes | 0:41:17 | 1:20:43 | 4:13:00 | 6:15:00 |                                |
| 36 | John Mattay       | 13 |     |     | 0:51:00 | 1:08:00 | 4:21:00 | 6:20:00 |                                |
| 37 | Mark McKee        | 19 |     |     | 0:57:04 | 1:17:56 | 4:15:00 | 6:30:00 |                                |
| 37 | Sunny McKee       | 20 |     |     | 0:49:17 | 1:17:43 | 4:23:00 | 6:30:00 | 1st 60s (f) HALL OF FAME ENTRY |
| 38 | John Sims         |    | yes |     | 0:52:27 | 1:14:33 | 4:35:00 | 6:42:00 |                                |
| 39 | Jon Nakamura      | 28 |     |     | 0:42:56 | 1:23:04 | 4:51:00 | 6:57:00 |                                |
| 40 | Mike Webb         | 25 |     | yes | 0:55:25 | 1:43:35 | 4:30:00 | 7:09:00 | oldest finisher                |
| 41 | Tom Linthicum     | 21 |     |     | 0:46:26 | 1:12:34 | 5:11:00 | 7:10:00 |                                |
| 42 | Eileen Buckley    | 4  |     |     | 0:53:48 | 1:22:12 | 4:55:00 | 7:11:00 | 1st 40s (f)                    |
| 43 | Stephanie Duhau   | 6  |     | yes | 0:57:06 | 1:40:54 | 4:36:00 | 7:14:00 | first cruiser                  |
| 44 | Barry Baskin      |    | yes |     | 0:55:35 | 1:16:25 | 5:19:00 | 7:31:00 |                                |
| 45 | Keith Nowell      | 28 |     |     | 1:00:13 | 1:39:47 | 5:12:00 | 7:52:00 |                                |
| 46 | Holly Baskin      |    | yes |     | 1:12:17 | 1:00:43 | 5:41:00 | 7:54:00 | 1st 50s (f)                    |
| 47 | Phil Taylor       | 10 |     |     | 1:18:39 | 1:45:21 | 4:51:00 | 7:55:00 |                                |

|                                  |  |     |  |  |         |         |         |         |                    |
|----------------------------------|--|-----|--|--|---------|---------|---------|---------|--------------------|
| <b>First Team - overall time</b> |  |     |  |  |         |         |         |         |                    |
| R9 - Shepewski Youth Corps       |  |     |  |  | 0:41:37 | 0:46:23 | 2:20:00 | 3:48:00 |                    |
| Tim Kline                        |  |     |  |  |         |         |         |         |                    |
| Andrew Willis                    |  |     |  |  |         |         |         |         |                    |
| Andrew Willis                    |  |     |  |  |         |         |         |         |                    |
| Tim Kline                        |  |     |  |  |         |         |         |         |                    |
| <b>Second Team</b>               |  |     |  |  |         |         |         |         |                    |
| R7 - Green Monstera              |  |     |  |  | 0:45:54 | 0:48:06 | 2:20:00 | 3:54:00 |                    |
| Brian Mattay                     |  |     |  |  |         |         |         |         |                    |
| James Dyett                      |  |     |  |  |         |         |         |         |                    |
| James Dyett                      |  |     |  |  |         |         |         |         |                    |
| =                                |  |     |  |  |         |         |         |         |                    |
| <b>Third Team</b>                |  |     |  |  |         |         |         |         |                    |
| R4 - Wander Women                |  |     |  |  | 0:38:03 | 0:47:57 | 3:08:00 | 4:34:00 |                    |
| Krista Gager                     |  | yes |  |  |         |         |         |         |                    |
| Rebecca Wolski                   |  | yes |  |  |         |         |         |         |                    |
| Theda Uskamm                     |  | yes |  |  |         |         |         |         |                    |
| R1 - The First Mom and Son Relay |  |     |  |  | 0:46:20 | 0:54:40 | 3:49:00 | 5:31:00 |                    |
| Gina Bianucci Rus                |  |     |  |  |         |         |         |         |                    |
| Brian Rus                        |  | yes |  |  |         |         |         |         |                    |
| Brian Rus                        |  |     |  |  |         |         |         |         |                    |
| Brian Bianucci Rus               |  |     |  |  |         |         |         |         |                    |
| R2 - Splash Roll Dash            |  |     |  |  | 0:39:44 | 0:58:16 | 3:43:00 | 5:21:00 |                    |
| Arnie Oji                        |  |     |  |  |         |         |         |         |                    |
| Dennis Watson                    |  |     |  |  |         |         |         |         |                    |
| Carlos Cheung                    |  | yes |  |  |         |         |         |         |                    |
| R3 - Turtles                     |  |     |  |  | 1:11:11 | 0:50:49 | 3:46:00 | 5:48:00 |                    |
| Pete Neubauer                    |  |     |  |  |         |         |         |         |                    |
| Davis Ja                         |  |     |  |  |         |         |         |         |                    |
| Lisa Smith                       |  |     |  |  |         |         |         |         |                    |
| R5 - Partial Tripe               |  |     |  |  | 0:34:22 | 0:57:38 | 3:17:00 | 4:49:00 |                    |
| James McDonald                   |  |     |  |  |         |         |         |         | fastest relay swim |
| Heather Zinn                     |  | yes |  |  |         |         |         |         |                    |
| Mark Lenz                        |  |     |  |  |         |         |         |         |                    |
| Andrew Schwaab                   |  |     |  |  |         |         |         |         |                    |
| R6 - I Forget                    |  |     |  |  | 0:55:20 | 1:02:46 | 3:53:00 | 5:51:00 |                    |
| Greg Anderson                    |  | yes |  |  |         |         |         |         |                    |
| Tim Kreutzen                     |  |     |  |  |         |         |         |         |                    |
| Tim Kreutzen                     |  |     |  |  |         |         |         |         |                    |
| Greg Anderson                    |  |     |  |  |         |         |         |         |                    |
| R8 - Class of Our Own            |  |     |  |  | 0:37:38 | 1:00:22 | 4:18:00 | 5:56:00 |                    |
| Peter Bartu                      |  |     |  |  |         |         |         |         |                    |
| Hal Cranston                     |  |     |  |  |         |         |         |         |                    |
| Stephen Anderson                 |  |     |  |  |         |         |         |         |                    |
| R10 - Gay Mafia                  |  |     |  |  | 0:40:24 | 1:02:36 | 2:39:00 | 4:22:00 |                    |
| Stuart Moulder                   |  | yes |  |  |         |         |         |         |                    |
| Hal Offen                        |  |     |  |  |         |         |         |         |                    |
| Stuart Moulder                   |  |     |  |  |         |         |         |         |                    |



*So close to Halloween, Doug James and Nancy Horner on Mt Tam offer broomsticks to Double Dipsea runners—but they come at a price.*

## DOLPHIN LOG SWIM STATISTICS



*Pete Bianucci with daughter Gina Rus who organized this Year's Escape from Alcatraz Triathlon*

### Dolphin / South End Triathlon NOVEMBER 18, 2017

#### **Row:**

DC won first place in every Rowing event, second place in half of them, and third in the rest.

We swept the top four spots in the Heavy Single race.

We captured the "Senior" bonus points in the Heavy Single and the "First Woman" bonus points in the Single Shell.

We put over twice as many rowers and boats on the water than the South End.

By the end of the regatta we were ahead by 155 points. By any normal measure, this should have been an insurmountable lead. The rowers thoroughly cleaned SERC's clocks. The club next door shouldn't be allowed to call themselves a "rowing club."

#### **Swim:**

DC captured first place in 2 of the 8 divisions, second place in 5, but only took 1 third place spot.

We had the fastest overall swimmer (Catherine Breed) and 5 of the top 11 finishers.

Our youngest swimmers turned out

and performed well. 16 of the 36 swimmers under the age of 35 were Dolphins, and even though they were heavily outnumbered they placed very strongly (especially the Women).

The rest of our swimmers stayed home. Of the remaining 115 competitors, only 35 were from the blue team. We were outnumbered by more than 3 to 1 among swimmers over 35 years old. Even worse, in the critical 36 - 50 age group we were outnumbered 53 to 9.

Worst of all, we only fielded a single competitor in the the Women's 36-50 bracket. Out of 18 women between the ages of 36 and 50 who swam last Saturday only ONE had an orange cap on. When you're outnumbered 17 to 1 how can you possibly hope to win?

Remember that 155-point lead coming out of the row? By the time all the yellowheads walked up onto the beach, that lead had shrunk to 62. We lost the swim by 93 points.

#### **Run:**

104 people completed the run. 33 of them were Dolphins, 71 of them South Enders. Again, we were outnumbered by over 2 to 1.

Also like the swim, our Runners did very well. We took first place in 4 of the 8 divisions, second place in another 4, and 3rd place in 3.

We swept the top 3 places in Men's 35 and Under division, the top 2 spots in both the Men's 51 - 64 and the Men's 65+ divisions, and second and third in the Men's 36 - 50 division.

The best story was the Men's 35 and Under, where we had 8 of the top 9 finishers. This was the only division in either the Swim or the Run in which Dolphins actually outnumbered South Enders.

Just like the swim, our youngest athletes showed up and kicked ass, but our "middle aged" members stayed home. Out of 36 participants in the 36 - 50 age group, only 8 were Dolphins.

And worst of all, we didn't have a single competitor in the Women's 36 - 50 race. None. SERC brought 9.

We lost the Run by 63 points. Game, set, match.

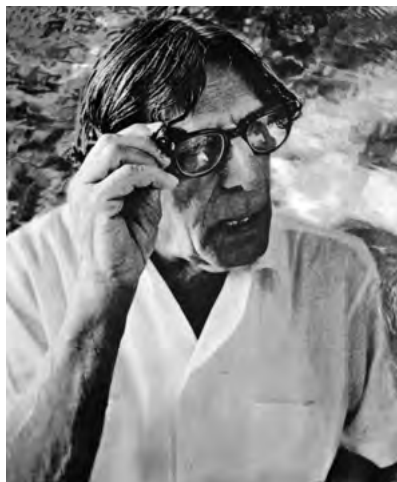
SERC won by 2 points. On the Epic Meltdown Scale it was right up there with the 2013 America's Cup or the 2017 Super Bowl... or a certain election that took place last year.



# Charlie Sava, Dolphin and Famous Coach

*Rich Cooper*

Charlie Sava, born in 1896 of Portuguese parents in the Balearic Islands near Spain and brought to the US at age 3, joined the Dolphin Club in 1926, won the Golden Gate swim in 1927, and remained a club member until his death in 1983. As a young athlete he won many open-water races when not swimming out and around Seal Rocks just for exercise and fun.



*Charlie Sava, Dolphin from 1927-1983*

The SF Rec and Park's Sava Swimming Pool (formerly Larsen Pool) is a state-of-the-art 25 yard, eight-lane multi-purpose facility nestled on 19th Avenue near Stern Grove, a tribute to a man who dedicated his adult life to teaching and improving swimming and water safety. In both World Wars he instructed young recruits how to swim and survive. In 1925, Charlie attended the first National Aquatic School to help develop the Red Cross lifesaving program. He went on to win several major competitions testing lifesaving skills.

But he is better remembered as an innovative and dedicated coach. Sava worked to establish national age-group training and rules that have required few changes. He taught many thousands how



*Joan Brown painting*

to swim, including the Sancimino kids and other children of club members known as the Dolphin Splashers. Charlie emphasized longer workouts than most coaches of that era and was one of the first to use interval training repetitions. He perfected several breathing and stroke techniques. His 1960 book, *How to Teach Yourself to Swim*, is still available and highly recommended for beginners.

For three decades, until it closed in 1956, Charlie was manager, coach, and janitor at the old Crystal Plunge in North Beach (the subject of a May 8, 1948 article in *The Saturday Evening Post*); he slept there and cooked on a hot plate.

More importantly, before high schools and colleges had teams for girls, Charlie gave female swimmers a chance to compete and excel. His teams in the 1940's won eight consecutive AAU National Championships. His prize pupil was Ann Curtis, who went on to become an Olympic Gold Medalist in 1948 and the first female



*When high schools had no girls' teams, Coach Sava encouraged females to compete*

winner of the Sullivan Award for Outstanding Amateur Athlete. Sava also helped to organize the San Francisco Merionettes Synchronized Swim Team (at what was then Larsen Pool), internationally famous for decades.

Joan Brown, SF Bay swimmer and recognized artist, pictured him in several of her paintings.

In 1970, Charlie Sava, honored coach, was inducted into the International Swimming Hall of Fame. For all his contributions to the community and swimming world, we can be proud to count Charlie as a Life Member of the Dolphin Club.



*Sava with a self-portrait of Joan Brown*

Much about Dolphin Rowing is unique, the spectacular Bay views, the challenging currents, and our classic wooden boats. We also have a usual habit of going on long rows, very long, multi-day rows. In a sport where a 3-mile race is considered “long”, our 20 to 100 mile “adventure rows” are special. The most significant example is the three-day row from the Dolphin Club to Sacramento, an annual tradition reaching back generations. In recent years, increased interest in these unique outings has seen some rows of the past resurrected and other new adventures achieved.

The “Sac Row” has defined the standard form for these long-distance efforts. One or two of the club’s wooden doubles is packed with drinking water, gear and three rowers per boat (earlier efforts took four per boat). This arrangement allows the rowers to rotate positions, spending 40 minutes of each hour rowing and 20 minutes resting (and eating, drinking and steering the boat). This rotation means that the physical demands, while challenging, are not out of reach of typical experienced club rowers, and the experience is demanding but enjoyable, with sights to see and good conversation amongst crewmates.

In many ways the toughest part of a long row like Sacramento is not the rowing but the planning and logistical arrangement. Careful timing of tides and winds is key, navigation is an obvious requirement, and food and camping must be arranged along with trailers and vehicles to return the boats and rowers. The skills in planning and execution of a multi-day effort are an important “institutional memory” for the Dolphin Club. As more members have experienced the Sac Row, and learned how to plan and organize such an event, they’ve found other ways to put those skills to use.

In just the past year, Dolphins have rowed from the club to Petaluma, a 12-hour one-day effort, and have also rowed from Napa back to San Francisco, an especially difficult



*In Petaluma: Davis Ja, J.D. Durst, Caroline Sugnaux, Todd Block, Dave Maloney, Andy Stone*

challenge finishing in the afternoon winds. Other rows went to Jack London Square in Oakland and back, and later a complete circuit of Alameda Island with an overnight stop. Trips to China Camp State Park in Marin, either as an overnight trip or as a seven-hour up-and-back row, have become a regular route for our rowers. We have seen groups make several overnight trips to Angel Island. In 2016 a group of Dolphins rowed across the Strait of Juan De Fuca from Washington to Victoria, BC as a part of the Race to Alaska, and finally this fall three Dolphins; Scott Stark, Natazha Bernie and Paul Dubois, rowed from the DC dock to Half Moon Bay in a Whitehall owned by Scott.

These successful adventures have Dolphin rowers planning to repeat many of these routes and try new ones in the coming year (a circuit of Tahoe, perhaps?), and adding variations that are harder, or faster or in some way more fun or more challenging, including long, solo rows where the comfort of rowing partners and regular rest periods is eliminated. So, in addition to rowing and racing on the bay, and piloting our swims, Dolphins will continue to set out on extended adventures on the water.

Of course we still like to race fast on the bay too. This September we hosted the second Angel Island regatta. Both shell and wooden boat rowers circuted the island in calm conditions before enjoying a brunch on the dock. Rachael Perry took first place in the single shell division with a time of 1:21, but the fastest finisher was our new “quad”, rigged for this outing as a sweep-oared “four”, returning to the finish in 1:10, albeit without direct competition. The ladies of the *Wieland* crew covered the route in 1:29, and Don Osborne was the fastest wooden boat at 1:40. Dolphin rowers also raced, with great success, at the Wooden Boat Classic hosted by SERC, and traveled to Massachusetts for the Head of the Charles Regatta.



*Don Osborne and Hal Offen rowing to Alameda up the Oakland Estuary.*

*Jay Dean*



The Future of the Dolphin Club is in the Present. While we celebrate the allure of a Club that has attracted an all-time high membership, close to 1700 strong, we are aware of the 'wear and tear' on the facility and a diminishing quality of the experience. That 'wear and tear' also extends to the expanding administrative burden that has increased in concert. Independent of the fluctuations in membership is the constant onslaught of the marine environment. For many of the Life Members, the changes that have occurred, serve as a reminder that our past is an intrinsic part of the present. Over the 140-year span of the club's existence, with multiple annual events, this has always been a cultural and social place for everyone. Our enduring zest to 'Live Life Large' was exemplified in September with the 100th annual Golden Gate Bridge Swim. This occasion marks a significant historical moment, a milestone in the enduring legacy and testimony of this major athletic event, which must be around to notch a second century.

To endure the onslaught of members is as challenging as the weather. This well-used and well-loved temple requires the same constant and nurturing attention we provide to our own physical health. While we maintain 'the most affordable athletic club' in the city (one of the costliest places to live in this country) largely through membership dues, they are falling behind. Dues alone are not enough to keep this club as good as it can be, or better. The many years of 'deferred maintenance' are taking a visible toll on the building's exterior and on the unseen but vital upkeep on the interior.

A comprehensive Master Plan for our building - parts of which date back to 1896 - has been assembled to ambitiously address the list of projects including Repair, Replace and Maintain for the next five or more years. Issues/improvements include utilities (gas, electrical, water, sewer), roof, floor, and foundation(s). The 30-year-old boiler was just replaced (cost \$80K), while the Kitchen and Weight Room (equipment replacement-ongoing, foundation-pending) require our undivided

attention NOW. All these projects will need a protracted series of significant funding. And we must address the compounding decline caused by past 'deferred maintenance'. Next slotted for renovation is the Kitchen, the heart and soul of all the Swims and celebrations. Aside from what we have in our coffers, it will require another push for funding.

On a parallel path, I also have an Alert and a Shout Out to solicit a pod of 'Indiana Joneses' needed to help Morgan Kulla, life member and club archivist, who continues to orchestrate the labor-intensive and time consuming archiving of our historic and precious memorabilia. Please keep an eye out for the posting of her next whirlwind of archiving activity. Make sure to take the time to help her and other volunteers who offer their time to help mine our precious trove of 'stuff' found in the piles of historic detritus. We all seek to hold on to

our keepsakes, but we do need to cast out those items that have seen better days. FYI, this is a great way to truly learn what has taken place for over a century within these walls, 'if only they could only talk'!

The Dolphin Club Board has accomplished a lot in 2017, through their commitment, energy and diligent work, but the Master Plan 'List of Projects' can no longer be kicked down the road. The end of the line for 2017 will be moved forward into the 2018 'To Do' Projects List. The ultimate results are typically done by the heavy lifting of volunteers who unselfishly contribute to the good of the club, making it better for all. To be a member of the Dolphin Club is like no other experience, carrying with us it's History and Heritage, bringing a better and richer experience to the New, Young, Old, and Life members. Go Dolphins !!!

*Reuben Hechanova*



*Jacks now support the aging weightroom. Don't jump too hard.*



The Dolphin Swimming  
& Boating Club  
502 Jefferson Street  
San Francisco, CA 94109

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## 2018 DOLPHIN CLUB SWIM & EVENT SCHEDULE

|           |                       |                                           |
|-----------|-----------------------|-------------------------------------------|
| Jan 1     | Mon 9:45 am           | *New Year's Day Alcatraz                  |
| Jan 1     | Mon 10:00 am          | New Year's Day Cove Swim                  |
| Jan 27    | Sat 10:00 am          | *Pier 41                                  |
| Feb 3-4   | Sat/Sun 00:58         | 24 hour cove relay                        |
| Feb 11    | Sun TBD               | Old Timer's Lunch                         |
| Feb 17    | Sat 10:00 am          | *Gas House Cove                           |
| Feb 24    | Sun 9:15am            | *Pier 39                                  |
| Mar 17    | Sat 10:00 am          | *Yacht Harbor                             |
| Mar 21    | Wed 11:00 pm          | End of Polar Bear                         |
| Mar 31    | Sat 9:00 am           | *Dick Beeler Crazy Cove                   |
| Apr 7     | Sat TBD               | McCovey Cove Regatta                      |
| Apr 22    | Sun 8:00 am           | *Pier 23                                  |
| May 6     | Sun 8:00 am           | *John Nogue Swim for Science Pier 15      |
| May 12    | Sat 8:00 am           | *Coghlan Beach (fun swim)                 |
| May 19    | Sat TBD               | Rowers Festival                           |
| May 20    | Sun 7:30 am           | *Bay Bridge                               |
| May 27    | Sun 9:00 am           | *Gas House Cove (fun swim)                |
| Jun 1     | Fri 5:00 am           | 100-Mile Swim Begins                      |
| Jun 9     | Sat 8:30 am           | *Pride Swim                               |
| Jul 7     | Sat 5:00 pm           | *Under 30 & 30-45                         |
| Jul 7     | Sat 5:30 pm           | *Doc Howard Over 45                       |
| Jul 15    | Sun TBD               | Baykeeper Relay                           |
| Jul 21    | Sat 8:30 pm           | *Under the Stars I/S-O/S                  |
| Jul 29/30 | Sat/Sun 11:00/8:30 am | *Santa Cruz Pier Swim                     |
| Aug 12    | Sun 9:30 am           | *Crissy Field                             |
| Aug 19    | Sun 8:00 am           | Joe Bruno Golden Gate                     |
| Aug 25    | Sat 9:00 am           | *Fort Point                               |
| Aug 26    | Sat TBD               | Angel Island Regatta                      |
| Sep 8     |                       | Dolphin/South End Triathlon               |
| Sep 30    | Sun 8:15 am           | Escape from Alcatraz Triathlon            |
| Oct 3     | Sun 9:30 am           | Walt Schneebeil Over 60 Cove              |
| Oct 13    | Sat 9:30 am           | Alcatraz                                  |
| Oct 31    | Wed 11:00 pm          | 100-Mile Swim Ends                        |
| Nov 10    | Sat TBD               | Pilot Appreciation Dinner                 |
| Nov 22    | Thur 9:00 am          | Thanksgiving Day Cove                     |
| Nov 24    | Fri 5:00 am           | Grizzly Bear Challenge                    |
| Dec 8     | Sat TBD               | Shiny Shoes                               |
| Dec 16    | Sun 9:30 am           | New Year's Day Qualifier & Holiday Brunch |
| Dec 21    | Fri 5:00 am           | Polar Bear Swim Begins                    |
| Dec 31    | Sun 11:00 pm          | Grizzly Bear Challenge Ends               |

### ROWING TRAINING

These Saturdays at 9:00 am

January 20

February 24

March 24

April 21

May 19

June 23

July 21

August 18

September 22

October 20

November 24

December 22

Intro to bay swimming *usually*  
offered on the Saturday *or* Sunday  
following the monthly Board  
Meetings, check website  
[www.dolphinclub.org](http://www.dolphinclub.org)

### SWIM PROGRAM RULES

1. Club scheduled swims are restricted to club members, who are current on their dues and fees and in good standing.
  2. Swimmers must have current USMS membership, or USA Swimming membership, as appropriate and abide by each organization's rules and requirements.
  3. Swimmers are required to wear orange caps on all scheduled swims.
  4. Swimmers cannot use swim aids including fins and wet suits, on any timed scheduled swims.
  5. New members are not eligible to swim in scheduled out-of-cove swims for either 6-months from the start of their membership, or before successfully completing the 100-mile swim, the Polar Bear swim, or the Accelerated Out-of-Cove process.
  6. All out-of-cove swims require a pilot:swimmer ratio of 1:3.
  7. Time limits may be imposed at the discretion of the Swim Commissioner(s).
  8. All Club boats are reserved for scheduled swims. Co-pilots are encouraged. Riders are prohibited.
  9. Swimmers must register during check-in and attend the swim briefing in order to swim.
  10. To swim Golden Gate or Alcatraz, members must successfully complete at least three qualifying swims and help on at least three swims.
  11. Out-of-town members must have successfully completed two of the last three club scheduled Alcatraz and/or Golden Gate swims or meet Rule 10 above.
- (Nothing in the above rules shall contravene any applicable Federal laws and statutes.)

Alcatraz Island  
1.4 miles



Fort Point  
3.5 miles

Crissy Field  
2.5 miles

Yacht Harbor  
1.5 miles

Gas House Cove  
1 mile

Aquatic Park Cove

Pier 41½  
1.2 miles

Pier 43  
1 mile